

SAHA HEALTHY MENU



Birds of Paradise



Spinach & Chicken Pasta Soup

Clear vegetable soup with chicken & pasta

Cal: 88 Pro: 3g Fat: 3g Carb: 15g
Fiber: 2g Sodium: 205mg Cholest: 0

QR 6.00



Asian Cucumber Salad

Cucumber, onion, capsicum with vinegar

Cal: 111 Pro: 2g Fat: 6g Carb: 15g
Fiber: 3g Sodium: 388mg Cholest: 0

QR 6.00



Steamed Roll Hammour with Garlic Oyster Sauce

Steamed stuffed hammour with vegetables

Cal: 277 Pro: 42g Fat: 3g Carb: 21g
Fiber: 5g Sodium: 586mg Cholest: 74mg

QR 23.00



Ayam Pang Pang Madu

Grilled chicken breast served with baked potato & sambal

Cal: 404 Pro: 49g Fat: 6g Carb: 38g
Fiber: 5g Sodium: 687mg Cholest: 146mg

QR 13.00

Allergens Guide

Sulphur Dioxide	Gluten Wheat	Soya	Nuts	Celery	Lactose
Peanuts	Mollusks	Sesame	Crustacean	Lupin	Fish
				Eggs	Mustard

Celebrating a healthier living