

# KEEPING CHILDREN SAFE FROM DROWNING



## CHILDREN CAN DROWN IN



Bathtubs



Toilets



Sinks



Buckets



Swimming Pools



Beaches



## ACTIONS TO PREVENT DROWNING



Do not leave babies and young children alone in the bathtub



Empty tubs, buckets and inflatable pools after use



Close bathroom doors and toilet seats with child locks



Do not allow a child to supervise other children while in water



Teach children basic swimming and water safety skills



Ensure that there is always an adult supervising children while in and around water



Learn rescue and resuscitation skills



Install a high fence around pools to limit access



Never let children to swim in fast-moving water



Before going to the beach, check the tide and weather forecast

## WHAT SHOULD YOU DO WHEN A DROWNING INCIDENT HAPPENS?

Check for breathing

If the child is breathing, place him/her on one side and monitor breathing until the ambulance arrives



Quickly move the child to a safe area

999

Call 999



If the child is not breathing or stops breathing, start chest compressions until the ambulance arrives

