

EID MENU

Breakfast

- **All day breakfast**    **15 QR**
Calories: 1352 Protein: 49 g Fat: 112g Carbohydrate: 42g Sodium: 3264 mg
- **Arabic Breakfast**    **8 QR**
Calories: 659 Protein: 27g Fat: 36 g Carbohydrate: 57g Sodium: 5282 mg
- **Scrambled egg**     **10 QR**
Calories: 578 Protein: 33g Fat: 32 g Carbohydrate: 43g Sodium: 2586 mg
- **Spanish Omelette**    **8 QR**
Calories: 524 Protein: 28g Fat: 26g Carbohydrate: 47g Sodium: 3222 mg



Soups

- **Lentil & Chicken soup**   **5QR**
Calories: 476 Protein: 28g Fat: 12g Carbohydrate: 65g Sodium: 4229 mg
- **Roast Bell pepper tomato Soup**   **6QR**
Calories: 304 Protein: 7g Fat: 13g Carbohydrate: 42g Sodium: 3413 mg



Sandwiches

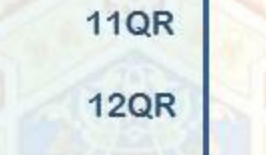
- **Turkey And Cheese Panini**     **12QR**
Calories: 851 Protein: 36 g Fat: 44g Carbohydrate: 65g Sodium: 1825 mg
- **California Open Veg Sandwiches**    **14QR**
Calories: 1040 Protein: 21g Fat: 64g Carbohydrate: 175g Sodium: 914 mg
- **Grilled Cheese Sandwiches**     **8QR**
Calories: 966 Protein: 25g Fat: 68g Carbohydrate: 67g Sodium: 1130 mg
- **Mojito Sandwiches**     **12QR**
Calories: 1004 Protein: 47g Fat: 60g Carbohydrate: 70g Sodium: 1416 mg



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Salads

- **Greek salad**      **6QR**
Calories: 284 Protein: 16 g Fat: 18g Carbohydrate: 14g Sodium: 574mg
- **Cesar Salad**      **11QR**
Calories: 284 Protein: 16 g Fat: 18 g Carbohydrate: 14 g Sodium: 574mg
- **Chicken Cesar Salad**      **13QR**
Calories: 272 Protein: 19 g Fat: 15g Carbohydrate: 14 g Sodium: 649 mg
- **Hummus**  **4QR**
Calories: 793 Protein: 33g Fat: 42g Carbohydrate: 76g Sodium: 970 mg
- **Tabuleh**  **4QR**
Calories: 115 Protein: 3 Fat: 6g Carbohydrate: 15g Sodium: 1187 mg
- **Moutabel**   **4QR**
Calories: 175 Protein: 5 g Fat: 12g Carbohydrate: 15g Sodium: 442 mg
- **Tuna Nicoise Salad**    **13QR**
Calories: 610 Protein: 38 g Fat: 35g Carbohydrate: 37g Sodium: 3313 mg
- **Taco Salad**   **13QR**
Calories: 632 Protein: 31 g Fat: 30g Carbohydrate: 63g Sodium: 839mg
- **Caramelized pear and Prawn Salad**   **13QR**
Calories: 526 Protein: 27g Fat: 18 g Carbohydrate: 66 g Sodium: 640mg



Pasta

- **PenneBoscaiola**   **14QR**
Calories: 906 Protein: 36g Fat: 51g Carbohydrate: 79g Sodium: 2769mg
- **Fettuccine & Sweet potato**   **11QR**
Calories: 771 Protein: 24g Fat: 34g Carbohydrate: 97g Sodium: 310mg
- **Penne with Sauted Chicken**   **12QR**
Calories: 671 Protein: 37g Fat: 24g Carbohydrate: 76g Sodium: 2007mg
- **Spaghetti Bolognese**    **12QR**
Calories: 971 Protein: 54g Fat: 37g Carbohydrate: 117g Sodium: 2744mg



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Terrace Specials

- **Roast Rack of Lamb**      20QR
Calories: 1035 Protein: 62g Fat: 77g Carbohydrate: 31g Sodium: 4224 mg
- **Herb Crusted Hammour**    45QR
Calories: 652 Protein: 52g Fat: 25g Carbohydrate: 54g Sodium: 3272 mg
- **Red Pepper Steak**  39QR
Calories: 602 Protein: 50g Fat: 18g Carbohydrate: 39g Sodium: 3053 mg
- **Salmon Ala Grecque**   25QR
Calories: 417 Protein: 40g Fat: 16g Carbohydrate: 30g Sodium: 2489 mg
- **Grilled Tiger Prawns**    39QR
Calories: 669 Protein: 49g Fat: 42g Carbohydrate: 27g Sodium: 2444 mg
- **FishNChips**       16QR
Calories: 1322 Protein: 25g Fat: 84g Carbohydrate: 88g Sodium: 3604 mg
- **Nasi Goreng**    13QR
Calories: 1059 Protein: 42g Fat: 49g Carbohydrate: 112g Sodium: 4490 mg
- **Alwaha Fried Chicken**     13QR
Calories: 2679 Protein: 80g Fat: 232g Carbohydrate: 73g Sodium: 2662 mg
- **Chicken Nuggets**  8QR
Calories: 1368 Protein: 23g Fat: 126g Carbohydrate: 38g Sodium: 200 mg
- **Chicken Shawarma Wrap**  6QR
Calories: 707 Protein: 25g Fat: 38g Carbohydrate: 97g Sodium: 2452 mg
- **Mixed Grilled Kebabs**   23QR
Calories: 999 Protein: 78g Fat: 46g Carbohydrate: 68g Sodium: 4868 mg



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DESSERTS

- Ice Cream Scoop (2 Scoops)  4QR
- Baskin Robbins (1 Scoop) 5QR
- Banana Split   12QR
Calories: 336 Protein: 6g Fat: 11g Carbohydrate: 59g Sodium: 60mg
- Crème Caramel with Toasted Cashew    6QR
Calories: 798 Protein: 24g Fat: 22g Carbohydrate: 130g Sodium: 282mg
- Fresh Fruit Salad 6QR
- Fresh Fruit Platter 6QR
Calories: 109 Protein: 2g Fat: 1g Carbohydrate: 28g Sodium: 27mg
- Apple Strudel with Vanilla Sauce 4QR
Calories: 943 Protein: 15g Fat: 13g Carbohydrate: 203g Sodium: 1060mg     
- Tropical Fruit Cocktail  6QR
Calories: 368 Protein: 4g Fat: 2g Carbohydrate: 93g Sodium: 49mg
- Banana Toffee Sundae   12QR
Calories: 420 Protein: 7g Fat: 24g Carbohydrate: 47g Sodium: 106mg
- Umm Ali    6QR
Calories: 528 Protein: 10g Fat: 24g Carbohydrate: 74g Sodium: 9mg



ALLERGENS GUIDE



Gluten Wheat



Eggs



Nuts



Fish



Lactose



Soya



Mustard



Crustaceans