SOCIAL CLASSES - 29July to 11Aug

Updated 19 July | 11:35am

Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Kimmy	5-9 yrs	1 hour	Mon/Wed	4:30pm to 5:30pm	Shamal	15
Rezzie	10-16 yrs	1 hour	Sun/Tue	1:30pm to 2:30pm	Umm Garn	15
Kimmy	3-7 yrs	1 hour	Mon/Wed	3:30pm to 4:30pm	Shamal	15
Cathy	4-6 yrs	1 hour	Mon/Wed	11:30am to 12:30pm	Shamal	15
Janice	5-10 yrs	1 hour	Mon/Wed	2:30pm to 3:30pm	Umm Garn	15
Cathy	6-10 yrs	1 hour	Mon/Wed	12:30pm to 1:30pm	Umm Garn	15
Rezzie	5-12 yrs	1 hour	Mon/Wed	1:30pm to 2:30pm	Umm Garn	15
Marites	6-12 yrs	1 hour	Mon/Thu	1:30pm to 2:30pm	Shamal	15
Divya	4-12 yrs	1 hour	Sun/Thu	9:30am to 10:30am	Umm Garn	15
Amira	6-16 yrs	1 hour	Mon/Wed	12:30pm to 1:30pm	Shamal	15
Melvin	5-10 yrs	1 hour	Tue/Sun	11:30am to 12:30pm	Shamal	20
Julius	4-5 yrs	1 hour	Tue/Wed	10:30am to 11:30am	Umm Garn	15
Jerusha	6-12 yrs	1 hour	Mon/Wed	3:30pm to 4:30pm	Umm Garn	15
Chef William	4-16 yrs	2 hours	Mon	9:30am to 11:30am	Umm Garn	15
Remuel	11-16 yrs	1 hour	Sun/Tue	4:30pm to 5:30pm	Umm Garn	15
Charina	4-12 yrs	1 hour	Mon/Wed	11:30am to 12:30pm	Umm Garn	15
Georden	4-8 yrs	1 hour	Sun/Thu	10:30am to 11:30am	Shamal	15
Jerusha	3-6 yrs	1 hour	Sun/Tue	1:30pm to 2:30pm	Shamal	15
Janice	5-10 yrs	1 hour	Sun/Tue	3:30pm to 4:30pm	Shamal	15
Rezzie	3-6 yrs	1 hour	Sun/Tue	3:30pm to 4:30pm	Umm Garn	15
Cathy	6-12 yrs	1 hour	Tue/Thu	12:30pm to 1:30pm	Umm Garn	15
Ria	5-12 yrs	1 hour	Tue/Thu	2:30pm to 3:30pm	Shamal	15
Amira	4-16 yrs	1 hour	Mon/Wed	9:30am to 10:30am	Shamal	15
Gerley	5-9 yrs	1 hour	Mon/Wed	4:00pm to 5:00pm	Ballroom 1	15
Gerley	10-16 yrs	1 hour	Mon/Wed	5:00pm to 6:00pm	Ballroom 1	15
	Kimmy Rezzie Kimmy Cathy Janice Janice Rezzie Marites Julius Jerusha Reznice Janice Janice Janice Julius Jerusha Georden Janice Janice Jerusha Georden Janice Janice Janice Amira	NoteKimmy5-9 yrsRezzie10-16 yrsKimmy3-7 yrsCathy4-6 yrsJanice5-10 yrsCathy6-10 yrsRezzie5-12 yrsMarites6-12 yrsAmira6-16 yrsMelvin5-10 yrsJanice6-12 yrsMelvin1-16 yrsJarusha6-12 yrsGeorden4-16 yrsGeorden4-16 yrsJanice3-6 yrsJanice3-6 yrsGeorden5-10 yrsJanice3-6 yrsJanice5-10 yrsKia3-6 yrsJanice5-10 yrsJanice5-10 yrsJanice5-10 yrsJanice5-10 yrsJanice3-6 yrsJanice5-10 yrsAmira6-12 yrsJanice5-10 yrsJanice <td>InstructorAgeDurationKimmy5-9 yrs1 hourRezzie10-16 yrs1 hourKimmy3-7 yrs1 hourCathy4-6 yrs1 hourJanice5-10 yrs1 hourRezzie5-12 yrs1 hourRezzie6-12 yrs1 hourMarites6-16 yrs1 hourDivya4-12 yrs1 hourMelvin5-10 yrs1 hourJulius4-16 yrs1 hourJulius4-16 yrs1 hourGerneue11-16 yrs1 hourGeorden4-12 yrs1 hourJanice5-10 yrs1 hourJulius4-16 yrs1 hourGeorden3-6 yrs1 hourJanice5-10 yrs1 hourGeorden4-12 yrs1 hourJanice3-6 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REGREATIONAL - 29July to 11Aug

Updated 19 July | 9:20am

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Aikido	Jean	9-15yrs	1 hour	Mon/Wed	2:00pm to 3:00pm	AWC Table Tennis Room	20
Arnis	Jean	9-15yrs	1 hour	Mon/Wed	3:00pm to 4:00pm	AWC Table Tennis Room	20
Badminton Advanced 1	Charlo	Advanced	1 hour	Thu/Sat	1:30pm to 2:30pm	Indian Sports Hall	15
Badminton Advanced 2	Charlo	Advanced	1 hour	Thu/Sat	2:30pm to 3:30pm	Indian Sports Hall	15
Badminton Beginners 1	Charlo	Beginner	1 hour	Sun/Tue	1:30pm to 2:30pm	Indian Sports Hall	15
Badminton Beginners 2	Charlo	Beginner	1 hour	Sun/Tue	2:30pm to 3:30pm	Indian Sports Hall	15
new closs Girls Gymnastics	Amira	4-16 yrs	1 hour	Mon/Thu	1:30pm to 2:30pm	AWC Table Tennis Room	15
Girls Kung Fu	Amira	4-16 yrs	1 hour	Mon/Thu	2:30pm to 3:30pm	New Aerobics Room	15
Hip Hop Dance	Mark	7-15 yrs	1 hour	Sun/Thu	2:00pm to 3:00pm	New Aerobics Room	20
Indoor Football 1	Maxwell	5-9 yrs	1 hour	Sun/Thu	2:00pm to 3:00pm	BC Senior Sports Hall	25
Indoor Football 2	Maxwell	10-15 yrs	1 hour	Sun/Thu	3:00pm to 4:00pm	BC Senior Sports Hall	25
Karate Club 1	Jean	5-8yrs	1 hour	Sun/Tue	2:00pm to 3:00pm	AWC Table Tennis Room	20
Karate Club 2	Jean	9-15yrs	1 hour	Sun/Tue	3:00pm to 4:00pm	AWC Table Tennis Room	20
Kids Aerobics	Bennet	8-14 yrs	1 hour	Sun/Tue	11:30am to 12:30pm	New Aerobics Room	20
Kung Fu 1	Habib	5-10 yrs	1 hour	Mon/Wed	5:00pm to 6:00pm	AWC Table Tennis Room	20
Kung Fu 2	Habib	11-16 yrs	1 hour	Mon/Wed	6:00pm to 7:00pm	AWC Table Tennis Room	20
Squash Beg. 1	Charlo	5-7yrs	1hour	Tue/Thu	9:00am to 10:00am	ANC	15
Squash Beg.2	Charlo	7-11yrs	1 hour	Tue/Thu	10:00am to 11:00am	ANC	15
Swimming Advanced (Boys)	Gerald/Daz	5-16 yrs	1 hour	Mon/Thu	4:00pm to 5:00pm	AKIS Indoor Pool	15
Swimming Advanced (Girls)	Judy/ Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm to 4:00pm	AKIS Indoor Pool	15
Swimming Beginners 1 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Mon/Thu	2:00pm to 3:00pm	AKIS Indoor Pool	15
Swimming Beginners 2 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Mon/Thu	3:00pm to 4:00pm	AKIS Indoor Pool	15

RECREATIONAL - 29July to 11Aug

Updated 19 July | 9:20am

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Swimming Intermediate 1 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Tue/Sat	2:00pm to 3:00pm	AKIS Indoor Pool	15
Swimming Intermediate 2 (Mixed)	Gerald/ Daz	5-16 yrs	1 hour	Tue/Sat	4:00pm to 5:00pm	AKIS Indoor Pool	15
Table Tennis Beg.	Charlo	5-8yrs	1hour	Mon/Wed	9:00am to 10:00am	Table Tennis Room	20
Table Tennis Int.	Charlo	9-12yrs	1 hour	Mon/Wed	10:00am to 11:00am	Table Tennis Room	20
Tennis Advanced	Charlo	Advanced	2 hours	Mon/Wed	3:30pm to 5:30pm	Indian Sports Hall	15
Tennis Beginners	Charlo	Beginner	2 hours	Mon/Wed	1:30pm to 3:30pm	Indian Sports Hall	15
Volleyball Advanced	Manoj	12-16 yrs	1 hour	Tue/Sat	3:30pm to 4:30pm	BC Senior Sports Hall	20
Volleyball Beginners	Manoj	6-11 yrs	1 hour	Tue/Sat	2:30pm to 3:30pm	BC Senior Sports Hall	20
Zumba	Amira	5-16 yrs	1 hour	Tue/Wed	1:30pm to 2:30pm	Table Tennis Room	20

Approved by: PR & Events Coordinator

Date: _____

Approved by: Head of Clubs, Recreation & PR

Date: _____

