SUJJIHR CALLER 2

RECREATIONAL - 08 TO 21 JULY

Updated 25 June | 11:53am

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Aikido	Jean	9-15yrs	1 hour	Mon/Wed	2:00pm to 3:00pm	AWC Table Tennis Room	20
Arnis	Jean	9-15yrs	1 hour	Mon/Wed	3:00pm to 4:00pm	AWC Table Tennis Room	20
Badminton Advanced 1	Charlo	Advanced	1 hour	Thu/Sat	1:30pm to 2:30pm	Indian Sports Hall	15
Badminton Advanced 2	Charlo	Advanced	1 hour	Thu/Sat	2:30pm to 3:30pm	Indian Sports Hall	15
Badminton Beginners 1	Charlo	Beginner	1 hour	Sun/Tue	1:30pm to 2:30pm	Indian Sports Hall	15
Badminton Beginners 2	Charlo	Beginner	1 hour	Sun/Tue	2:30pm to 3:30pm	Indian Sports Hall	15
Girls Kung Fu	Amira	4-16 yrs	1 hour	Mon/Thu	2:30pm to 3:30pm	Old Aerobics Room	15
Hip Hop Dance	Mark	7-15 yrs	1 hour	Sun/Thu	2:00pm to 3:00pm	New Aerobics Room	20
Indoor Football 1	Maxwell	5-9 yrs	1 hour	Sun/Thu	2:00pm to 3:00pm	BC Senior Sports Hall	25
Indoor Football 2	Maxwell	10-15 yrs	1 hour	Sun/Thu	3:00pm to 4:00pm	BC Senior Sports Hall	25
Karate Club 1	Jean	5-8yrs	1 hour	Sun/Tue	2pm-3pm	AWC Table Tennis Room	20
Karate Club 2	Jean	9-15yrs	1 hour	Sun/Tue	3pm-4pm	AWC Table Tennis Room	20
Kids Aerobics	Bennet	8-14 yrs	1 hour	Sun/Tue	11:30am to 12:30pm	New Aerobics Room	20
Kung Fu 1	Habib	5-10 yrs	1 hour	Mon/Wed	5:00pm to 6:00pm	AWC Table Tennis Room	20
Kung Fu 2	Habib	11-16 yrs	1 hour	Mon/Wed	6:00pm to 7:00pm	AWC Table Tennis Room	20
Squash Beg. 1	Charlo	5-7yrs	1hour	Tue/Thu	9:00am to 10:00am	ANC	15
Squash Beg.2	Charlo	7-11yrs	1 hour	Tue/Thu	10:00am to 11:00am	ANC	15
Swimming Advanced (Boys)	Gerald/Daz	5-16 yrs	1 hour	Mon/Thu	4:00pm to 5:00pm	AKIS Indoor Pool	15
Swimming Advanced (Girls)	Judy/ Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm to 4:00pm	AKIS Indoor Pool	15
Swimming Beginners 1 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Mon/Thu	2:00pm to 3:00pm	AKIS Indoor Pool	15
Swimming Beginners 2 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Mon/Thu	3:00pm to 4:00pm	AKIS Indoor Pool	15
Swimming Intermediate 1 (Mixed)	Gerald/ Daz/Judy/ Jacqueline	5-16 yrs	1 hour	Tue/Sat	2:00pm to 3:00pm	AKIS Indoor Pool	15

RECREATIONAL - 03 TO 21 JULY

Updated 25 June | 11:53am

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Swimming Intermediate 2 (Mixed)	Gerald/ Daz	5-16 yrs	1 hour	Tue/Sat	4:00pm to 5:00pm	AKIS Indoor Pool	15
Table Tennis Beg.	Charlo	5-8yrs	1hour	Mon/Wed	9:00am to 10:00am	Table Tennis Room	20
Table Tennis Int.	Charlo	9-12yrs	1 hour	Mon/Wed	10:00am to 11:00am	Table Tennis Room	20
Tennis Advanced	Charlo	Advanced	2 hours	Mon/Wed	3:30pm to 5:30pm	Indian Sports Hall	15
Tennis Beginners	Charlo	Beginner	2 hours	Mon/Wed	1:30pm to 3:30pm	Indian Sports Hall	15
Volleyball Advanced	Manoj	12-16 yrs	1 hour	Tue/Sat	3:30pm– 4:30pm	BC Senior Sports Hall	20
Volleyball Beginners	Manoj	6-11 yrs	1 hour	Tue/Sat	2:30pm– 3:30pm	BC Senior Sports Hall	20
Zumba	Amira	5-16 yrs	1 hour	Tue/Wed	1:30pm to 2:30pm	Old Aerobics Room	20

Approved by: PR & Events Coordinator

Date:

Date:

Approved by: Head of Clubs, Recreation & PR



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