



Summer Camp 1

RECREATIONAL CLASSES

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Badminton Advanced 1	Charlo	Advanced	1 hour	Thu/Sat	1:30pm-2:30pm	Indian Sports Hall	15
Badminton Advanced 2	Charlo	Advanced	1 hour	Thu/Sat	2:30pm-3:30pm	Indian Sports Hall	15
Badminton Beginners 1	Charlo	Beginner	1 hour	Sun/Tue	1:30pm-2:30pm	Indian Sports Hall	15
Badminton Beginners 2	Charlo	Beginner	1 hour	Sun/Tue	2:30pm-3:30pm	Indian Sports Hall	15
Cricket	Ibrahim Khan	8-16 yrs	2 hours	Mon/Wed	4:00pm-6:00pm	BC Senior Sports Hall	40
Fun Fit Challenge	Yassine	8-14 yrs	1 hour	Tue/Sat	1:00pm-2:00pm	BC Senior Sports Hall	25
Girls Kung Fu	Amira	4-16 yrs	1 hour	Mon/Wed	2:30pm-3:30pm	AWC Old Aerobics Room	15
Hawaiian Dance	Caroline	6-11 yrs	1 hour	Tue/Sat	2:00pm-3:00pm	AWC New Aerobics Room	20
Hip Hop Dance	Caroline	7-15 yrs	1 hour	Sun/Thu	2:00pm-3:00pm	AWC New Aerobics Room	20
Indoor Football 1	Maxwell	5-9 yrs	1 hour	Sun/Thu	2:00pm-3:00pm	BC Senior Sports Hall	25
Indoor Football 2	Maxwell	10-15 yrs	1 hour	Sun/Thu	3:00pm-4:00pm	BC Senior Sports Hall	25
Karate Beginners	Ali K.	5-16 yrs	1 hour	Sun/Tue	5:00pm-6:00pm	BC Senior Sports Hall	50
Kids Aerobics	Bennet	8-14 yrs	1 hour	Sun/Tue	11:30am-12:30pm	AWC New Aerobics Room	20
Kids Yoga 1	Sojeesh	6-11 yrs	1 hour	Mon/Sat	9:30am-10:30am	AWC Table Tennis Room	15
Kids Yoga 2	Sojeesh	12-16 yrs	1 hour	Mon/Sat	10:30am-11:30am	AWC Table Tennis Room	15



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Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Kung Fu 1	Habib	5-10 yrs	1 hour	Mon/Wed	2:30pm-3:30pm	AWC Table Tennis Room	20
Kung Fu 2	Habib	11-16 yrs	1 hour	Mon/Wed	3:30pm-4:30pm	AWC Table Tennis Room	20
Music & Movement	Bennet	3-16 yrs	1 hour	Sun/Tue	10:30am-11:30am	AWC Old Aerobics Room	15
Swimming Advanced (Boys)	Gerald/Daz	5-16 yrs	1 hour	Mon/Thu	4:00pm-5:00pm	AKIS Indoor Pool	15
Swimming Advanced (Girls)	Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm-4:00pm	AKIS Indoor Pool	15
Swimming Beginners 1 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Mon/Thu	2:00pm-3:00pm	AKIS Indoor Pool	15
Swimming Beginners 2 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Mon/Thu	3:00pm-4:00pm	AKIS Indoor Pool	15
Swimming Intermediate 1 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	2:00pm-3:00pm	AKIS Indoor Pool	15
Swimming Intermediate 2 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm-4:00pm	AKIS Indoor Pool	15
Tennis Advanced	Charlo	Advanced	2 hours	Mon/Wed	3:30pm-5:30pm	Indian Sports Hall	15
Tennis Beginners	Charlo	Beginner	2 hours	Mon/Wed	1:30pm-3:30pm	Indian Sports Hall	15
Volleyball Advanced	Manoj	12-16 yrs	1 hour	Tue/Sat	3:30pm-4:30pm	BC Senior Sports Hall	20
Volleyball Beginners	Manoj	6-11 yrs	1 hour	Tue/Sat	2:30pm-3:30pm	BC Senior Sports Hall	20

Approved by: PR & Events Coordinator _____

Date: _____

Approved by: Head of Clubs, Recreation & PR _____

Date: _____



Summer Camp 2

RECREATIONAL CLASSES

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Badminton Advanced 1	Charlo	Advanced	1 hour	Thu/Sat	1:30pm-2:30pm	Indian Sports Hall	15
Badminton Advanced 2	Charlo	Advanced	1 hour	Thu/Sat	2:30pm-3:30pm	Indian Sports Hall	15
Badminton Beginners 1	Charlo	Beginner	1 hour	Sun/Tue	1:30pm-2:30pm	Indian Sports Hall	15
Badminton Beginners 2	Charlo	Beginner	1 hour	Sun/Tue	2:30pm-3:30pm	Indian Sports Hall	15
Cricket	Ibrahim Khan	8-16 yrs	2 hours	Mon/Wed	4:00pm-6:00pm	BC Senior Sports Hall	40
Fun Fit Challenge	Yassine	8-14 yrs	1 hour	Tue/Sat	1:00pm-2:00pm	BC Senior Sports Hall	25
Girls Kung Fu	Amira	4-16 yrs	1 hour	Mon/Wed	3:30pm-4:30pm	AWC Old Aerobics Room	15
Hawaiian Dance	Caroline	6-11 yrs	1 hour	Tue/Sat	2:00pm-3:00pm	AWC New Aerobics Room	20
Hip Hop Dance	Caroline	7-15 yrs	1 hour	Sun/Thu	2:00pm-3:00pm	AWC New Aerobics Room	20
Indoor Football 1	Maxwell	5-9 yrs	1 hour	Sun/Thu	2:00pm-3:00pm	BC Senior Sports Hall	25
Indoor Football 2	Maxwell	10-15 yrs	1 hour	Sun/Thu	3:00pm-4:00pm	BC Senior Sports Hall	25
Karate Beginners	Ali K.	5-16 yrs	1 hour	Sun/Tue	5:00pm-6:00pm	BC Senior Sports Hall	50
Karate Club 1	Jean	5-8 yrs	1 hour	Sun/Thu	2:30pm-3:30pm	AWC Table Tennis Room	15
Karate Club 2	Jean	9-15 yrs	1 hour	Sun/Thu	3:30pm-4:30pm	AWC table Tennis Room	15
Kids Aerobics	Bennet	8-14 yrs	1 hour	Sun/Tue	11:30am-12:30pm	AWC New Aerobics Room	20



Summer Camp 2

RECREATIONAL CLASSES

Title	Instructor	Age	Class Duration	Days	Time	Location	Max Participants
Kids Yoga 1	Sojeesh	6-11 yrs	1 hour	Mon/Sat	9:30am-10:30am	AWC Table Tennis Room	15
Kids Yoga 2	Sojeesh	12-16 yrs	1 hour	Mon/Sat	10:30am-11:30am	AWC Table Tennis Room	15
Kung Fu 1	Habib	5-10 yrs	1 hour	Mon/Wed	2:30pm-3:30pm	AWC Table Tennis Room	20
Kung Fu 2	Habib	11-16 yrs	1 hour	Mon/Wed	3:30pm-4:30pm	AWC Table Tennis Room	20
Music & Movement	Bennet	3-16 yrs	1 hour	Sun/Tue	10:30am-11:30am	AWC Old Aerobics Room	15
Swimming Advanced (Boys)	Gerald/Daz	5-16 yrs	1 hour	Mon/Thu	4:00pm-5:00pm	AKIS Indoor Pool	15
Swimming Advanced (Girls)	Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm-4:00pm	AKIS Indoor Pool	15
Swimming Beginners 1 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Mon/Thu	2:00pm-3:00pm	AKIS Indoor Pool	15
Swimming Beginners 2 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Mon/Thu	3:00pm-4:00pm	AKIS Indoor Pool	15
Swimming Intermediate 1 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	2:00pm-3:00pm	AKIS Indoor Pool	15
Swimming Intermediate 2 (Mix)	Gerald/Daz/Judy/Jacqueline	5-16 yrs	1 hour	Tue/Sat	3:00pm-4:00pm	AKIS Indoor Pool	15
Tennis Advanced	Charlo	Advanced	2 hours	Mon/Wed	3:30pm-5:30pm	Indian Sports Hall	15
Tennis Beginners	Charlo	Beginner	2 hours	Mon/Wed	1:30pm-3:30pm	Indian Sports Hall	15
Volleyball Advanced	Manoj	12-16 yrs	1 hour	Tue/Sat	3:30pm-4:30pm	BC Senior Sports Hall	20
Volleyball Beginners	Manoj	6-11 yrs	1 hour	Tue/Sat	2:30pm-3:30pm	BC Senior Sports Hall	20

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