

In alignment with our Direction Statement, Qatargas is committed to protect and care for employees and their families and prioritizes their health and wellbeing above all else.

While there are no reported cases of COVID-19 transmitted through the consumption of food and that it is very unlikely for COVID-19 to be transmitted through food, it is recommended to apply hygiene precautions when shopping or handling groceries.



### DISCARD PLASTIC BAGS

Immediately dispose of any plastic bags used to carry groceries and put them in a separate garbage bag.



### SELECT AN AREA TO UNPACK GROCERIES

Always unpack your groceries in a fixed area in the house so that you can disinfect this area immediately after you finish



### RINSE FRUIT AND VEGETABLES

Include those with skins and rinds that are not eaten such as bananas. Scrub firm produce with a clean brush. **DO NOT** use household disinfectant on food.



### DISINFECT FOOD PACKAGING

Wipe packaging with a slightly damp cloth and a little household disinfectant. Pay particular attention to can lids. Allow to dry before storing.



### DISCARD PACKAGING WHERE POSSIBLE

Remove food items from their original packaging and store in clean zipper bags or plastic containers where appropriate.



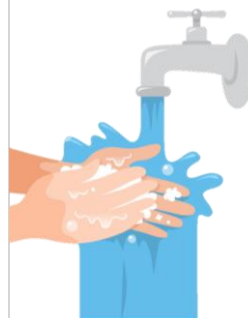
### STORE ITEMS CORRECTLY

Refrigerate or freeze meat, eggs, and other perishables within two hours of purchasing.



### DISINFECT UNPACKING AREA

Use a household disinfectant to clean and sanitize the unpacking area immediately after use.



### DISINFECT YOUR HANDS

When you have finished the process, wash your hands for at least 20 seconds using soap and water or use a hand sanitizer.

## REMEMBER!

There is no evidence of food or food packaging being associated with the transmission of COVID-19. However, it is recommended to follow these guidelines as an extra precaution.